

GLUTEN-FREE WELLNESS RETREATS



9 hours of hands-on intensive nutrition instruction for you and 8 CEUs for RDNs

October 23-25, 2015
Riverside Inn Bed & Breakfast (Gluten Free Inn)
Intervale, NH

- ◆ 15 years' experience in nutritional counseling on celiac disease and gluten-related disorders
- ◆ Nutrition Coordinator of the Celiac Center, Beth Israel Deaconess Medical Center, a teaching hospital for Harvard Medical School
- ◆ Executive Committee Member, North American Society for the Study of Celiac Disease
- ◆ Co-author/Editor of Real Life with Celiac Disease

January 29-31, 2016
Center for Spiritual Renewal
Santa Barbara, CA

TWO HIGHLY EDUCATIONAL GLUTEN-FREE WELLNESS RETREATS LED BY EXPERT CELIAC DIETITIAN, MELINDA DENNIS, MS, RDN

MORE INFO & REGISTRATION:

DELETE THE WHEAT.COM

Download Melinda's free PDF "Reasons for Continued Symptoms on the Gluten-Free Diet" at DeleteTheWheat.com

Contact Melinda

(617) 851-8643

melindard@deletethewheat.com

Gluten-free gourmet food to meet your dietary needs, nutrition handouts, cooking demos, product recommendations, massage, yoga, hiking, many hand-picked samples, and more.

Topics: Gut health and specific nutrients, solutions to continued gastrointestinal symptoms, understanding your labs, supplements, healthy meals/snacks, dining out, best gluten-free resources...and more



Please support Melinda's 2015/16 invited program sponsors!